# TUDOR SAILING CLUB - SAILING INSTRUCTIONS FOR CRUISERS VARIATIONS FROM STANDARD SAILING INSTRUCTIONS FOR THE NAB TOWER / RNLI RACE

These variations to the standard Cruiser Sailing Instructions are applicable to Tudor S C Nab Tower / RNLI race only. They must be read in conjunction with the standard Cruiser Sailing Instructions.

1 RULES: No change.

### **2 ENTRIES AND DECLARATIONS**

All competitors must sign on before the race. This may be done on the signing on sheet on the cruiser notice board in the club house by the start of the race or by email to cruisers@tudorsailing.org.uk by 2000 on the night before the race.

### **3 ADDITIONS OR CHANGES TO SAILING INSTRUCTIONS**

These variations are detailed here.

4 SAFETY: No change.

5 CLASS WARNING FLAGS: No change.

#### 6 COURSE

The course is ECA Line, Langstone F/way (S), Bembridge Ledge (P), Nab Tower (P), Winner (S passing mark), Langstone F/way (S), ECA Line

Start and Finish Lines: The start and finish lines are outside the ECA club (transit markers)

# **7 START PROCEDURE**

The race will be self-started; there will be no flags or warning signals. Please ensure that you cross the start line at or after the specified start time and re-cross the line if you are over it at the start or you are likely to be protested by other crews.

### 7a FINISH PROCEDURE

Skippers must record there own finish time, using the same instrument (watch or preferably GPS) that they used to judge the start time. Skippers must record their finish time on the signing-on sheet in the club house or by email to <a href="mailto:cruisers@tudorsailing.org.uk">cruisers@tudorsailing.org.uk</a>. Finish times and any use of engines must be recorded within 48 hours of the last boat finishing, failure to record your finish time within this time limit will result in disqualification from the race.

8 START LINE: See details in section 6 Course.

**9 RECALLS:** There will be no recalls. If you are over the line at the specified start time, then re-cross it and start again or you are likely to be protested by other crews.

10 FINISH LINE: See details in section 6 Course.

**11 TIME LIMIT:** The time limit for all boats is 12 hours.

## 12 PROTESTS

Protests must be lodged with either the Cruiser Captain or the Sailing Secretary within 24 hours of the last boat finishing the race. You are reminded that a valid protest requires a red flag (letter 'B' or other suitable red material) to be flown from the rigging and you MUST attempt to notify the offender by vocal or VHF hail at the earliest opportunity (the word 'protest' is all that is needed).

13 HANDICAP NUMBERS: No change.

14 SCORING: No change.

# 15 ENGINES

All engines must be turned off at least 4 minutes before the race start time.

If you have to use your engine for safety reasons (e.g. to clear a shipping channel or to avoid a collision) then you must note down the length of time the engine was running for and then declare it, with your start and finish times, at the end of the race, this will then be added to your elapsed time. No distance advantage may be gained whilst using an engine, it is only to be used for safety reasons.